

<b>TUESDAY</b>	<b>Time</b>	<b>Venue</b>
Technical Tuesday	08h30 - 10h30	Giba Gorge
EMBA	16h00 - 18h00	Shongweni - Hornby Lifestyle Centre
EMBA	16h00 - 18h00	Remo's - Mt Edgecombe

<b>WEDNESDAY</b>	<b>Time</b>	<b>Venue</b>
Beginners Getting Going	08h30 - 10h30	Giba Gorge
Fast & Furious	08h30 - 10h30	Holla Trails
EMBA	16h00 - 18h00	Shongweni - Hornby Lifestyle Centre
EMBA	16h00 - 18h00	Body Guru Umhlanga

<b>THURSDAY</b>	<b>Time</b>	<b>Venue</b>
Giba Outride	08h30 - 10h30	Giba Gorge
Distance Divas 4hr 40km	08h30	Giba Gorge
EMBA	16h00 - 18h00	Shongweni - Hornby Lifestyle Centre
EMBA	16h00 - 18h00	Body Guru Umhlanga

<b>FRIDAY</b>	<b>Time</b>	<b>Venue</b>
EMBA	16h00 - 18h00	Shongweni - Hornby Lifestyle Centre
EMBA	16h00 - 18h00	Remo's - Mt Edgecombe